

Series: Psalm 23
Passage: Psalm 23:3 and John 14:5-6
Sunday: March 15, 2026

Psalm 23:3 (ESV)

³ He restores my soul.
He leads me in paths of righteousness
for his name's sake.

John 14:5-6 (ESV)

⁵ Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" ⁶ Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me."

1. Begin your study by reading all of Psalm 23. Write out Psalm 23:3 below. Seek to memorize it. Doing this each week will lead you to memorize all of Psalm 23 by Easter!

2. What is the connection between being led to "green pastures" and "still waters" and God restoring our soul?

3. What does it mean for God to restore your soul? In what areas of your life (emotional, spiritual, physical) do you currently need restoration?

