Series: BeReal.

Passage: James 1:19-27 Saturday: June 22, 2025

James 1:19-27 (ESV)

¹⁹ Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; ²⁰ for the anger of man does not produce the righteousness of God. ²¹ Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

²² But be doers of the word, and not hearers only, deceiving yourselves. ²³ For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. ²⁴ For he looks at himself and goes away and at once forgets what he was like. ²⁵ But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.

²⁶ If anyone thinks he is religious and does not bridle his tongue but deceives his heart, this person's religion is worthless. ²⁷ Religion that is pure and undefiled before God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

1. What is the danger of the human tongue? When is it difficult for you to keep a tight reign on your tongue and how do you seek to do so?

2. What results have you experienced when you tried to make things right, even though you're angry?



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3.	How do we resist human anger that doesn't produce God's justice?
4.	Reading verses 22-25, are you a hearer of the word or a doer? If you are convicted of being a hearer, what are some steps you can challenge yourself to become a doer of the word?
5.	What is pure religion?
6.	How can we actively pursue purity in our faith?
7.	How is being unstained from the world conditioning us to be authentic in our walk with Jesus?