Series: Upside-Down Kingdom
Passage: Matthew 6:25-34
Sunday: July 7, 2024

Matthew 6:25-34 (ESV)

25 "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor
about your body, what you will put on. Is not life more than food, and the body more than
clothing? 26 Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your
heavenly Father feeds them. Are you not of more value than they? 27 And which of you by being
anxious can add a single hour to his span of life 28 And why are you anxious about clothing?
Consider the lilies of the field, how they grow: they neither toil nor spin, 29 yet I tell you, even
Solomon in all his glory was not arrayed like one of these. 30 But if God so clothes the grass of the
field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O
you of little faith? 31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we
drink?' or 'What shall we wear?' 32 For the Gentiles seek after all these things, and your heavenly
Father knows that you need them all. 33 But seek first the kingdom of God and his righteousness, and
all these things will be added to you.

34 "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for
the day is its own trouble.

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1. What are some things you worry about?

2. What makes you believe that God can't make a way for the little/simple things in life (eating, drinking, clothes, etc.)?

3. What lesson can we learn from the birds and the wildflowers?

4. How can we avoid worrying? What should we do instead?

5. How can we seek first His Kingdom and His righteousness (verse 33)? How does seeking His Kingdom become more difficult in the midst of troubling times?

6. Verse 34 tells us not to be anxious about tomorrow. What is the difference between planning and worrying for tomorrow?

7. Based on last week's passage, we are instructed to store our treasure in heaven. How does knowing this elevate our anxiety about God's provisions for tomorrow? How much more would you be willing to sacrifice knowing that God will provide for tomorrow?